The Motivation and Engagement Wheel

- **POSITIVE MOTIVATION**
  - Valuing school
  - Self-belief
- **NEGATIVE ENGAGEMENT**
  - Disengagement
  - Self-sabotage

- **POSITIVE ENGAGEMENT**
  - Learning focus
  - Planning
- **NEGATIVE MOTIVATION**
  - Uncertain control
  - Failure avoidance

Persistence
Disengagement
Anxiety
Study management
Learning focus
Self-belief
Uncertain control
Failure avoidance
Planning
Self-sabotage
Valuing school

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